



First Aid Occupational Health and Safety Training Courses throughout the UK

0800 774 7034

3 Day First Aid at Work (FAW) – HSE approved

This three day First Aid at Work Course is also known as first aid in the workplace. The training is approved by the HSE and is designed to meet the requirement of the First Aid at Work regulations (1981).

Introduction

This course is designed for people who want to receive our most thorough first aid training and is especially suited for nominated workplace first aiders looking to gain comprehensive, certified HSE approval.

This course is a Health and Safety Executive (HSE) approved course for those businesses that need to meet their requirements under the First Aid at Work regulations. This is an in-depth, comprehensive course for businesses that have identified that they require a higher level of first aid skills due to the type of business, the equipment used or the number staff. It will provide the participants with the skills and knowledge to deal with first aid accidents and emergencies at work as well as illnesses those individuals may develop whilst at work.

Duration

Three Days

normally 9:00am – 4:15pm

we are flexible with Start times to accommodate the needs of your business. Please feel free to discuss your timings with us.

Who should attend the 3 Day First Aid at Work Course?

This course is designed for people who want to receive a more intense first aid training Course and is suited for nominated workplace first aiders looking to gain comprehensive, certified HSE approval. Such Organisations may include:

- **Construction Organisations**
- **Manufacturing**
- **Chemical Industries**
- **Retail Offices**
- **Clubs**
- **Colleges & Universities**
- **Schools**
- **Local Community organisations**
- **Churches**

Where Can I attend the 3 Day First Aid at Work Course?

We can deliver 'in house' training at your Business venue and can provide you with a competitive price for group training. We can deliver any of the above courses at your place of work.

The 'on site' training option is particularly cost effective for Companies that have several people requiring training at the same time (usually 6 or more people). In addition to this there are many other benefits to arranging a first aid training course 'on site':

- *Choosing your own venue gives greater convenience.*
- *Travelling and accommodation costs can be reduced or removed.*
- *A greater choice of course types are available.*
- *The course content can be tailored to your exact requirements.*
- *Businesses and Organisations can choose a suitable time to run their course.*
- *Courses can be run anywhere in the UK.*

Course Aims

The aim of the Emergency First Aid at Work Course is to provide the learner with the essential skills and knowledge required to carry out emergency treatment required to save a life until further qualified assistance arrives to take over. The course aims to update and refresh your knowledge of the First aid at work syllabus, while allowing time for revision and practice sessions in preparation for a final assessment. This course can be tailored to meet the requirements of any work environment.

Course Content

- *Reporting accidents/incidents. Accident book/ RIDDOR.*
- *The Priorities of first aid, including the 4 B's.*
- *Actions to deal with wounds & serious bleeding.*
- *Introductory training with the automated defibrillator (AED).*
- *Recognising a variety of medical conditions, including anaphylaxis and asthma.*
- *The unconscious casualty and how to treat them.*
- *Looking after a casualty who is shocked.*
- *The treatment of broken bones and soft tissue injuries such as strains and sprains.*
- *Treating someone who has stopped breathing and whose heart has stopped/ CPR.*
- *The treatment of burns and scalds.*
- *Compression.*
- *Concussion.*
- *Stroke.*
- *Diabetes.*
- *Epilepsy.*
- *Poisoning and the treatment of.*

Assessment

Delegates will be assessed throughout the course and will be externally assessed at the end of the Course.

Certification

Each Delegate will receive a book and a HSE Approved Certificate (Upon successful completion of the training), which is valid for 3 years.

Cost for First Aid Training

We are confident that we can offer you a competitive price for all your First Aid Training requirements. Call us directly on **0800 774 7034** and we will be able to discuss your requirements.

Any prices which are quoted are exclusive of VAT.

Did you know we also deliver the following training Courses?

First Aid Training

One Day Emergency First Aid at Work – HSE Approved
Two Day First Aid at Work – HSE Approved
Three Day First aid at Work – HSE Approved
First Aid Two Day Refresher Course –HSE Approved
Paediatric First Aid Training – OFSTED Approved
First Aid (AED) Automated External Defibrillator
First Aid - Basic Life Support

Fire Safety Training

Fire Awareness Training
Fire Warden/Marshal Training
Fire Safety in the Workplace Training
Fire Risk Assessment Training
Hot Work Passport Training

Health & Safety Training

Health and Safety Awareness in the Workplace
COSHH Training
Risk Assessment Training
Manual Handling Awareness Training
Moving and Handling of People

Child Protection Training

Child Protection Level 1, 2 and 3
Safeguarding Children
MARAC Training
Drug and Alcohol Awareness
Sexual Exploitation awareness of Children

GK Safety | First Aid Occupational Health & Safety Training Courses throughout the UK

First Aid Training Courses HSE Approved
Paediatric First Aid Training Courses OFSTED approved
Fire Safety Training Courses
Manual Handling Training Courses
Child Protection Training and Consultancy
Health and Safety Training Courses



For enquiries or if you wish to discuss your training requirements in detail please call us on **0800 774 7034** and speak to one of our training consultants.