



First Aid Occupational Health and Safety Training Courses throughout the UK

 0800 774 7034

AED Training – Automated External Defibrillator

Our AED course will provide training in the use of your defibrillator and resuscitation techniques. The AED course can be run anywhere throughout the UK and the training will be delivered by an experienced practitioner; on successful completion a certificate valid for 1 year will be awarded.

Introduction

Every two minutes someone in the UK has a Heart Attack and half of these attacks will be fatal. Heart and circulatory disease remains the UK's biggest killer. More than 1.4 million people suffer from angina and 275,000 people have a heart attack annually (Department of Health).

Over 150,000 people die from cardiac arrest in the UK each year. The majority might be saved if only their heart could be defibrillated within five minutes. When someone has a cardiac arrest defibrillation needs to be prompt. For every minute that passes chances of survival decrease by 14 per cent. Research shows that applying a controlled shock within five minutes of collapse provides the best possible outcome (British Heart Foundation).

An Automated External Defibrillator – with a trained operator – at the site of a sudden cardiac arrest can raise the chance of survival from 5% to 80%.

Duration

2 Hours

we are flexible with Start times to accommodate the needs of your business. Please feel free to discuss your timings with us.

Who should attend the AED Training?

Suitable for people 18 years and over, this course is designed for workplace candidates who wish to be trained in the use of an automated external defibrillator (AED) machine and do have a current first aid certificate. Such Organisations may include:

- ***Retail Premises***
- ***Sports Field Organisers***
- ***Churches***
- ***Retail Offices***
- ***Clubs***
- ***Colleges & Universities***
- ***Schools***
- ***Local Community organisations***

Where Can I attend the AED Training?

We can deliver 'in house' training at your Business venue and can provide you with a competitive price for group training. We can deliver any of the above courses at your place of work.

The 'on site' training option is particularly cost effective for Companies that have several people requiring training at the same time (usually 6 or more people). In addition to this there are many other benefits to arranging a first aid training course 'on site':

- ***Choosing your own venue gives greater convenience.***
- ***Travelling and accommodation costs can be reduced or removed.***
- ***A greater choice of course types are available.***
- ***The course content can be tailored to your exact requirements.***
- ***Businesses and Organisations can choose a suitable time to run their course.***
- ***Courses can be run anywhere in the UK.***

Course Aims

This course will provide theoretical and practical training in the use of Automatic External Defibrillators (AED) including effective Cardio Pulmonary Resuscitation (CPR). Every two minutes, somebody in the UK suffers a heart attack. The sooner that a defibrillator is deployed to shock the heart back in to rhythm, the greater the persons chance of survival will be. You are far more likely to suffer a cardiac arrest at work than be injured in a fire, yet fire training is far more common than AED training.

Course Content

- *Heart Conditions and treatment of an unconscious casualty*
- *Demonstrate how to open an airway and check for breathing*
- *Explain how to recognise a casualty who is not breathing normally*
- *UK Resuscitation Council Guidelines*
- *Basic Life Support & CPR (Cardio-Pulmonary Resuscitation)*
- *Demonstration how to perform CPR on a non breathing casualty*
- *Basic Life Support & CPR (Cardio-Pulmonary Resuscitation)*
- *How to check and maintain an AED machine*
- *List the checks to be made before using an AED*
- *Demonstrate the use of an AED*
- *Safe use of an AED*

Assessment

Candidates are assessed throughout the course followed by a multi choice examination.

Certification

Automated External Defibrillation certificates are valid for 1 year. Certificates can be renewed by attending a 2 hour Automated External Defibrillation training course.

Cost for AED Training

We are confident that we can offer you a competitive price for all your First Aid Training requirements. Call us directly on **0800 774 7034** and we will be able to discuss your requirements.

Any prices which are quoted are exclusive of VAT.

GK Safety | First Aid Occupational Health & Safety Training Courses throughout the UK

First Aid Training Courses HSE Approved
Paediatric First Aid Training Courses OFSTED approved
Fire Safety Training Courses
Manual Handling Training Courses
Child Protection Training and Consultancy
Health and Safety Training Courses



For enquiries or if you wish to discuss your training requirements in detail please call us on **0800 774 7034** and speak to one of our training consultants.

Did you know we also deliver the following training Courses?

First Aid Training

One Day Emergency First Aid at Work – HSE Approved
Two Day First Aid at Work – HSE Approved
Three Day First aid at Work – HSE Approved
First Aid Two Day Refresher Course –HSE Approved
Paediatric First Aid Training – OFSTED Approved
First Aid (AED) Automated External Defibrillator
First Aid - Basic Life Support

Health & Safety Training

Health and Safety Awareness in the Workplace
COSHH Training
Risk Assessment Training
Manual Handling Awareness Training
Moving and Handling of People

Fire Safety Training

Fire Awareness Training
Fire Warden/Marshal Training
Fire Safety in the Workplace Training
Fire Risk Assessment Training
Hot Work Passport Training

Child Protection Training

Child Protection Level 1, 2 and 3
Safeguarding Children
MARAC Training
Drug and Alcohol Awareness
Sexual Exploitation awareness of Children