



First Aid Occupational Health and Safety Training Courses throughout the UK

 0800 774 7034

COSHH Training

COSHH (Control of Substances Hazardous to Health) training is designed to protect people who work with hazardous chemicals. COSHH covers any substance which is hazardous to health with a few exceptions including Lead, Asbestos and Radioactive substances (which each have their own set of specific regulations).

Examples of substances which are hazardous to health would include the following:

- Biological agents
- Chemicals
- Dust
- Gases
- Fumes
- Vapours
- Products which contain hazardous Chemicals

Hazardous substances should have packaging with a symbol indicating a hazardous substance.

Germs that can cause disease e.g. leptospirosis or legionnaires disease are also classified under the COSHH regulations.

Duration

3 Hours: we are flexible with Start times to accommodate the needs of your business. Please feel free to discuss your timings with us.

Who Should Attend COSHH Training

COSHH training is relevant to anybody who comes into contact with hazardous substances. Some of the different sectors that may require COSHH training would include:

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| ▪ Social Care (such as Nursing and Residential Homes) | ▪ Printing Manufacturers and retail |
| ▪ Construction | ▪ Agriculture |
| ▪ Hair Salons | ▪ Hotels |
| ▪ Restaurants | ▪ Machine Shops |
| ▪ Service and Retail | ▪ Welding, Hot Work |
| ▪ Foundries | ▪ Manufacturing |
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Course Content

Introduction to COSHH:

- Definition of what constitutes a hazardous substance under COSHH regulations.
- An explanation of the potential risks from using hazardous substances
- Give some examples of hazardous substances relative to your workplace
- Have an understanding of the importance of Risk assessment in controlling the risks from the use of hazardous substances

COSHH Regulations

- Explanation of legislation COSHH 2002 and also CHIP regulations (Chemicals Hazard and information Packaging) 2005.
- HSE Guidance Notes
- Duties of Employers and Employees under COSHH

Health Problems

- Explanation of the specific health problems which are related to specific hazardous substances
- How hazardous substances can enter the human body.
- Explain the difference between acute and chronic symptoms resulting from long and short term exposure.

Identifying hazardous substances

- Identifying hazardous substances in the workplace
- Understanding of the information on COSHH labels
- Identify the different warning symbols on COSHH labels
- Understand how Safety data sheets are relevant to safety in the workplace
- The importance of Safety Data Sheets in conducting COSHH risk assessments

Controlling hazardous substances

- Definition of the words hazard and risk
- Identify everybody who is potentially at risk in the workplace
- Definition of Control measures and how this is important in managing the risk from hazardous substances
- The hierarchy of Control Measures e.g Elimination, Substitution, Minimising Risk.
- Safe systems of work and PPE

COSHH Assessments

- The responsibilities of Employers and Employees regarding COSHH risk assessments
- The importance of recording any COSHH risk assessments and also Monitoring and reviewing any such assessments.
- An explanation of Health Surveillance.

Assessment

At the end of this course there will be a written examination.

Certification

Each Delegate will receive a certificate of attendance upon successfully completing the course.

Cost for COSHH Training

We are confident that we can offer you a competitive price for all your First Aid Training requirements. Call us directly on **0800 774 7034** and we will be able to discuss your requirements.

Any prices which are quoted are exclusive of VAT.

Did you know we also deliver the following training Courses?

First Aid Training

One Day Emergency First Aid at Work – HSE Approved
Two Day First Aid at Work – HSE Approved
Three Day First aid at Work – HSE Approved
First Aid Two Day Refresher Course –HSE Approved
Paediatric First Aid Training – OFSTED Approved
First Aid (AED) Automated External Defibrillator
First Aid - Basic Life Support

Fire Safety Training

Fire Awareness Training
Fire Warden/Marshal Training
Fire Safety in the Workplace Training
Fire Risk Assessment Training
Hot Work Passport Training

Health & Safety Training

Health and Safety Awareness in the Workplace
COSHH Training
Risk Assessment Training
Manual Handling Awareness Training
Moving and Handling of People

Child Protection Training

Child Protection Level 1, 2 and 3
Safeguarding Children
MARAC Training
Drug and Alcohol Awareness
Sexual Exploitation awareness of Children

GK Safety | First Aid Occupational Health & Safety Training Courses throughout the UK

First Aid Training Courses HSE Approved
Paediatric First Aid Training Courses OFSTED approved
Fire Safety Training Courses
Manual Handling Training Courses
Child Protection Training and Consultancy
Health and Safety Training Courses



For enquiries or if you wish to discuss your training requirements in detail please call us on **0800 774 7034** and speak to one of our training consultants.